

10 Rules of Survival

The first five help *avoid* survival situations.

They also make you worthy of surviving.

- 1. Humility**
- 2. Empathy**
- 3. Respect for the ancestors**
- 4. Respect for the natural world**
- 5. Living with responsibility**

The next five are for the immediate survival situation:

- 6. Stay calm.**
- 7. Think before acting.**
- 8. Remember what you're surviving for.**
- 9. Be positive. You can do it.**
- 10. Never give up.**